

### What I Have Learnt:



#### Emotions:

- |              |           |
|--------------|-----------|
| Curious      | Smart     |
| Calm         | Happy     |
| Sad          | Scared    |
| Mad          | Surprised |
| Disappointed |           |

### Key Knowledge:

#### Creating a Leadership Classroom

- Welcome!
- What Is a Habit?
- 7 Habits Overview
- What Is a Leader?
- Who Can Be a Leader?
- The Emotional Environment
- The Physical Environment
- Class Mission Statement
- Leadership Roles

#### Leading Self (Habits 1–3)

- 1 • Take Initiative  
• Stop and Think  
• Be Responsible  
• Circle of Control  
• Choose Your Weather
- 2 • What Matters Most  
• Make a Plan  
• Big Rocks
- 3 • Prioritize  
• Say No to Less Important Things

#### Leading Others (Habits 4–6)

- 4 • Win-Win or No Deal  
• Respect Others  
• Emotional Bank Accounts  
• Courage and Consideration
- 5 • Attentive Listening  
• Listen With Eyes, Ears, and Heart  
• Public Speaking  
• “I” Messages  
• Teamwork
- 6 • Value Differences  
• 3rd Alternatives

### CALMING STRATEGIES



### Sentence Stems for Class Discussions:

- “I agree with \_\_\_\_\_ because...”
- “I disagree with \_\_\_\_\_ because...”

### More Ways to Lead (Habit 7 and Beyond)

- 7 • Sharpen the Saw  
• Balance Is Best  
• Sharpen the Heart  
• Greetings  
• Adapt to Change  
• Find Your Voice  
• Help Others Find Their Voice

### Ask Yourself:

What habit is your favourite?



### Vocabulary:

**habit** – Something we do over and over again

**leader** – A person who sets an example and helps others

**goal** – Something that you want to do

### 5 Core Paradigms

