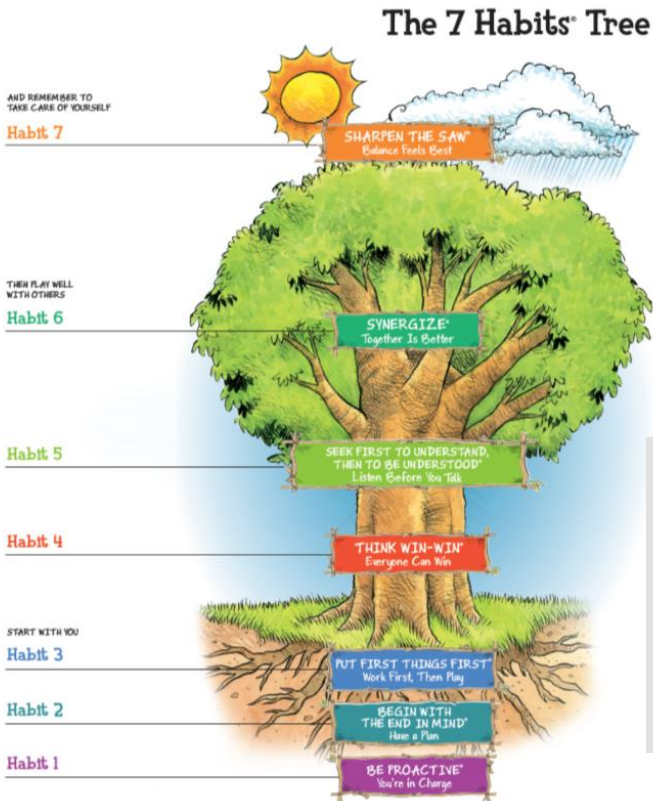


### What I have learnt



### Key Knowledge

#### Leading Self (Habits 1-3)

- 1 • Be Responsible  
• Proactive Language  
• Transition Person  
• Think Ahead
- 2 • Clear Expectations  
• Consider Consequences  
• Personal Mission Statement
- 3 • Big Rocks  
• Plan Weekly  
• Quadrant 2 Living

#### Leading Others (Habits 4-6)

- 4 • Abundance Mentality  
• Win-Win Solutions  
• Emotional Bank Accounts  
• Mutual Respect
- 5 • Attentive Listening  
• Don't Prejudge Others  
• "I" Messages  
• Optimizing Strengths  
• 3rd Alternatives
- 6 • Involving Others  
• Barriers to Synergy

#### Creating a Leadership Classroom

- Welcome
- Paradigms
- 7 Habits Overview
- The Emotional Environment
- The Physical Environment
- Class Mission Statement

### Sentence Stems for Class Discussions

- "I agree with \_\_\_\_\_ because..."
- "I disagree with \_\_\_\_\_ because..."
- "I want to add on to what \_\_\_\_\_ said. I think..."
- "Another way to think about this is..."
- "After listening to \_\_\_\_\_, I think..."

#### More Ways to Lead (Habit 7 and Beyond)

- 7 • Sharpen the Body  
• Sharpen the Brain  
• Sharpen the Heart  
• Sharpen the Soul  
• Find Your Voice  
• Problem Solving  
• Global Awareness  
• Public Speaking  
• Interviewing Skills  
• Critical Thinking

### Vocabulary

#### Ask Yourself:

Which habit is the most important? Why?



**habit** – something we do over and over again

**paradigm** – a way of thinking

**leader** – a person who sets an example and helps others

**WIG** – means Wildly Important Goal

**independent** – being strong and doing things by yourself

**plus** – a good thing

**delta** – something that needs to be worked on

**goal** – something that you want to do and achieve

### 5 Core Paradigms

