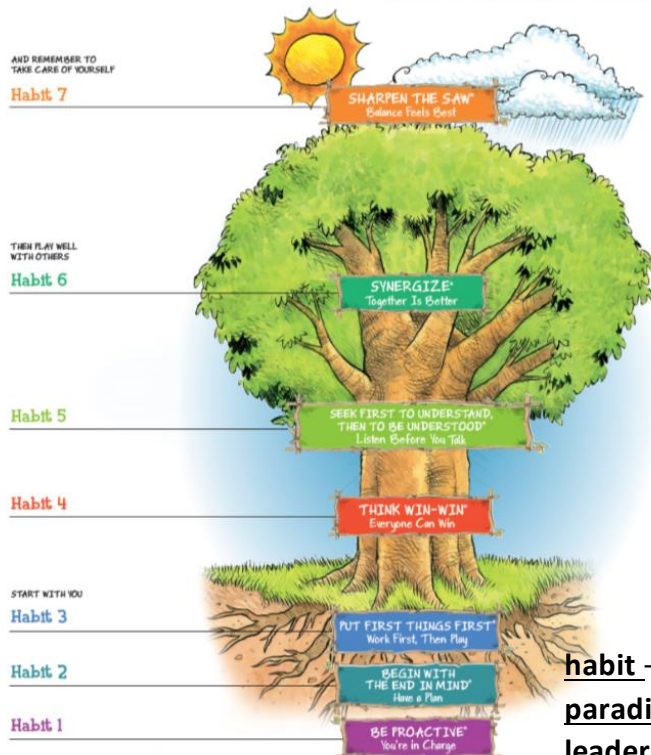


What I have learnt

The 7 Habits' Tree



Vocabulary for class discussions

- "I agree with _____ because..."
- "I disagree with _____ because..."
- "I want to add on to what _____ said. I think..."
- "Another way to think about this is..."
- "After listening to _____, I think..."
- "I do not understand. Can you say it in a different way?"

Vocabulary

habit – Something we do over and over again

paradigm – A way of thinking

leader – A person who sets an example and helps others

WIG – Means Wildly Important Goal

independent – Being strong and doing things by yourself

plus – A good thing

delta – Something that needs to be worked on

goal – Something that you want to do and achieve

physical – What you can see and feel around you

emotional – What you feel

Key Knowledge

Creating a Leadership Classroom

- Welcome
- 7 Habits Overview
- The Maturity Continuum
- The Emotional Environment
- The Physical Environment
- Class Mission Statement

Leading Self (Habits 1-3)

- Be Responsible
- Proactive Language
- Transition Person
- Think Ahead
- Clear Expectations
- Consider Consequences
- Personal Mission Statement
- Big Rocks
- Plan Weekly
- Quadrant 2 Living

Leading Others (Habits 4-6)

- Abundance Mentality
- Solve Problems
- Keep Promises
- Interdependent Living
- Attentive Listening
- Don't Prejudge Others
- "I" Messages
- Optimize Strengths
- 3rd Alternatives
- Involve Others
- Barriers to Synergy

More Ways to Lead (Habit 7 and Beyond)

- Balanced Living
- Sharpen the Body
- Sharpen the Brain
- Sharpen the Heart
- Find Your Voice
- Empathy
- Global Awareness
- Public Speaking
- Interviewing Skills
- Critical Thinking

Ask Yourself:

For you, which habit needs the most development? How are you going to do that successfully?



5 Core Paradigms

