

What I Have Learnt:



Emotions:

Curious Smart
 Calm Happy
 Sad Scared
 Mad Surprised
 Disappointed

Key Knowledge:

Creating a Leadership Classroom

- Welcome!
- What Is a Habit?
- 7 Habits Overview
- What Is a Leader?
- Who Can Be a Leader?
- The Emotional Environment
- The Physical Environment
- Class Mission Statement
- Leadership Roles

Leading Self (Habits 1–3)

- 1 • Take Initiative
• Stop and Think
• Be Responsible
• Circle of Control
• Choose Your Weather
- 2 • What Matters Most
• Make a Plan
• Big Rocks
- 3 • Prioritize
• Say No to Less Important Things

Leading Others (Habits 4–6)

- 4 • Win-Win or No Deal
• Respect Others
• Emotional Bank Accounts
• Courage and Consideration
- 5 • Attentive Listening
• Listen With Eyes, Ears, and Heart
• Public Speaking
• “I” Messages
• Teamwork
- 6 • Value Differences
• 3rd Alternatives

CALMING STRATEGIES



Sentence Stems for Class Discussions:

- “I agree with _____ because...”
- “I disagree with _____ because...”

More Ways to Lead (Habit 7 and Beyond)

- 7 • Sharpen the Saw
• Balance Is Best
• Sharpen the Heart
• Greetings
• Adapt to Change
• Find Your Voice
• Help Others Find Their Voice

Ask Yourself:

What habit is your favourite?



Vocabulary:

habit – Something we do over and over again

leader – A person who sets an example and helps others

goal – Something that you want to do

5 Core Paradigms

