

Dear Parent or Carer,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best medical care in the safest way possible.

As you will know, the UK is currently dealing with the impact of the Covid-19 pandemic. The NHS across England has had to change the way that healthcare is delivered so that services can concentrate on treating and caring for patients who are in most need.

If your child is unwell, you can get medical help and advice quickly, safely and often closer to home by using these services:

- Check Healthier together App on your mobile or desktop (what0-18.nhs.uk) for advice for parents, young people and pregnant women on childhood illness and well-being
- Speak to your pharmacist for advice on minor illness
- Contact your GP Surgery during normal opening hours for routine and urgent care appointments
- Attend local Urgent Treatment Centre or Minor Injuries Unit for treatment of minor injuries
[Find your local Urgent Care services](#)
- Visit [NHS 111 online](#) or dial 111 phone line if you think your child needs an Emergency Department at your local hospital but it's not life threatening, has a minor injury, is too ill to wait for your GP or dentist to open or need urgent mental health advice and guidance.
- By calling 111 or using 111 online they will be able to either offer advice or refer you to the best service. This might include consultation with a qualified health professional and if you need to attend care in person, they may give you an appointment.
- Please only attend your local Emergency Department, or dial 999, in a life-threatening emergency.

There is further information available at www.nhs.uk. Thank you for your understanding and together we can really make a difference to healthcare for our children. Stay safe and well.

Yours sincerely

Hampshire, Southampton and Isle of Wight

Clinical Commissioning Group