

KITCHEN MENU

Week 1

Dates: wk commencing: 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th Mar and 29th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	BBQ Chicken	Burrito of the Day	Pork sausages	Roast Chicken, stuffing and gravy	Fish Fingers
2nd Choice	Southern Style Quorn Burger in a bun	Cheese and tomato pizza	Pasta with tomato sauce with garlic bread	Vegan sausage roll	Vegetarian sausages in a tomato sauce with a jacket potato
3rd Choice	Vegetable curry with rice	Lemon sole bites	Jacket potato with various fillings	Sweet and sour Quorn with rice	Wrap of the day BLT
Vegetable/Salad Selection	Savoury rice Sweetcorn Seasonal salad	Potato crispers Broccoli Winter coleslaw Seasonal salad	Mashed potatoes Diced carrots Green beans Seasonal salad	Roast potatoes Seasonal vegetables Seasonal salad	Chips Baked beans Peas Seasonal salad
Dessert	Ice cream Fresh fruit or yoghurt	Apple cake Fresh fruit or yoghurt	Cold mixed desserts Fresh fruit or yoghurt	Cheese and crackers Fresh fruit or yoghurt	Fruit flapjack Fresh fruit or yoghurt

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Week 2

Dates: wk commencing : 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb and 15th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Italian chicken	Turkey Korma with rice	Vegetarian sausages and gravy	Roast Pork Grill, stuffing and gravy	Fish of the day
2nd Choice	All day vegetarian breakfast	Cheese and tomato pizza	Macaroni & cheese with garlic bread	Vegetarian Whirl	Quorn nuggets
3rd Choice	Fishwich sandwich	Wrap of the day <i>BLT</i>	Jacket potato (vegetarian filling)	Vegetarian ball sub	Rainbow French bread pizza
Vegetable/Salad Selection	Hash brown bites Baked beans Seasonal salad	Pasta salad Green beans Winter coleslaw Seasonal salad	Mashed potatoes Peas and sweetcorn medley Seasonal salad	Roast potatoes Seasonal vegetables Seasonal salad	Chips Peas Seasonal salad
Dessert	Cookie Fresh fruit or yoghurt	Fruit muffin Fresh fruit or yoghurt	Cold mixed desserts Fresh fruit or yoghurt	Mini biscuit with fresh fruit Fresh fruit or yoghurt	Pineapple and coconut sponge Fresh fruit or yoghurt

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Week 3

Dates: wk commencing : 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st Mar and 22nd Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Turkey burger	Bubble crumb salmon	Creamy chicken and bacon pasta	Filled Yorkshire Pudding with Roast Beef strips in Gravy	Breaded Fish fillet
2nd Choice	Jacket potato with vegetarian filling	Cheese and tomato pizza	Saucy meatfree balls	Vegetarian sausage turnover	Garden vegetable goujons
3rd Choice	Wrap of the day <i>BBQ Chicken</i>	Bean burger	Jacket potato with various fillings	Loaded Vegetable naan	Curry of the day with rice <i>Chicken</i>
Vegetable/Salad Selection	Waffles Sweetcorn Baked beans Seasonal salad	Mini jacket potatoes Broccoli Winter coleslaw Seasonal salad	Mashed potato Diced carrot Green beans Seasonal salad	Roast potatoes Seasonal vegetables Seasonal salad	Chips Peas Seasonal salad
Dessert	Raspberry and pineapple lolly Fresh fruit or yoghurt	Orange & Lemon drizzle cake Fresh fruit or yoghurt	Cold mixed desserts Fresh fruit or yoghurt	Mini biscuit with fresh fruit Fresh fruit or yoghurt	Apple and oat brownie Fresh fruit or yoghurt