



Help to improve the air quality near your children's school by pledging to turn your car engine off whilst stationary. Use this chart to record your achievements this week and make a pledge for the future. Return this pledge card to your child's school and you will receive a car window sticker to show you have supported the no idling campaign.

Your name  Pupil's name of school  Year group

	MON	TUE	WED	THU	FRI
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Scootering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cycling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Car share	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Park & Stride <small>Park away from school and walk or scoot the last 5-10 minutes</small>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Turned off engine when stationary	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



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12.17.27942

# Cross out the pollution, colour the solution

Colour in all the activities that are helping to keep the air clean

